

Nebraska Bicycle Map



Dave Heineman
Governor

Monty W. Fredrickson, P.E.
Director - State Engineer



24-Hour Weather & Travel Information

Dial 511 from anywhere in Nebraska, cell or landline.
If outside Nebraska Dial 800-906-9069
511.nebraska.gov

Nebraska State Patrol
statepatrol.nebraska.gov

Emergency Highway Help Line
1-800-525-5555

Cellular Phone Highway Help Line
***55 (star 55)**

NSP Headquarters: 402-471-4545
Carrier Enforcement Division: 402-471-0105
State Patrol Citizen Band Call Letters: KNE 0911

Additional Information

Bicycle Route Planning / Highway Construction / General Bike Info
State Bicycle Coordinator
Nebraska Department of Roads
PO Box 94759
Lincoln NE 68509-4759
402-479-4519
transportation.nebraska.gov
Hiking & Biking Link

Trail Information
State Trails Coordinator
Nebraska Game & Parks Commission
2200 North 33rd St.
Lincoln NE 68503
402-471-5511
outdoornebraska.ne.gov

Nebraska Department of Economic Development
Travel & Tourism Division
PO Box 98907
Lincoln NE 68509-8907
800-444-1867
visitnebraska.gov

Travel/Construction Delays (Detour & Construction Report)
transportation.nebraska.gov

Additional websites:
americantrails.org
omahatrails.com
raisalotrails.org
trailink.com
trailshaveourspect.org
goth.org

Trail & Camp Information

Natural Resource Districts
861 South 12th St, Suite 201
Lincoln NE 68508
308-632-2749
nrnd.net.org

Central Platte NRD
215 N Kaufman Ave
Grand Island NE 68803
308-385-6282
cpnd.org

Lewis & Clark NRD
508 N Robinson Ave
PO Box 518
Hartington NE 68739-0518
402-254-6758
lcnd.org

Little Blue NRD
100 East 6th St
PO Box 100
Davenport NE 68335
402-394-2145
littlebluend.org

Lower Big Blue NRD
805 Dorsey St
PO Box 826
Beatrice NE 68310
402-228-3402
lbbnd.org

Lower Elkhorn NRD
601 East Benjamin Ave, Suite #101
PO Box 1204
Norfolk NE 68702-1204
402-371-7313
lenrd.org

Lower Loup NRD
2620 Airport Dr
PO Box 210
Ord NE 68862-0210
308-729-3221
llnd.org

Lower Niobrara NRD
410 Walnut St
PO Box 350
Butte NE 68722
402-775-2343
lnnd.org

Lower Platte North NRD
511 Commercial Park Rd
PO Box 126
Wahoo NE 68066
402-443-4675
lpnd.org

Lower Platte South NRD
3125 Fortia St
PO Box 83581
Lincoln NE 68501-3581
402-476-2729
lpsnd.org

Lower Republican NRD
709 Second St
PO Box 881
Alma NE 68820
308-928-2182
lrnd.org

Middle Niobrara NRD
526 East First St
Valentine NE 68201
402-376-3241
mnnd.org

Middle Republican NRD
230 Center
PO Box 81
Curtis NE 69025
308-367-4281
mrnd.org

Nemaha NRD
62161 Hwy 136
Tecumseh NE 68450
402-335-3325
nemahand.org

North Platte NRD
1723 North Burlington
Holdrege NE 68949
308-495-6688
nrbasind.org

Twin Platte NRD
TierOne Bank Center
111 South Dewey St
PO Box 1347
North Platte NE 69103-1347
308-335-8080
tpnd.org

Upper Big Blue NRD
105 Lincoln Ave
York NE 68467
402-362-6601
upperbigblue.org

Upper Elkhorn NRD
301 North Harrison
O'Neill NE 68763
402-339-3867
uenrd.org

Upper Loup NRD
39252 East Hwy 2
Theardor NE 69166
308-645-2250
upperloupnd.org

Upper Niobrara White NRD
430 East Second St
Chadron NE 69337-2433
308-432-6190
unwrd.org

Upper Republican NRD
511 East Fifth St
PO Box 1140
Imperial NE 69033
308-882-5173
urnd.org

City Trails
Beatrice
beatrice.ne.gov
Columbus
columbus.ne.us
Fremont
fremont.ne.gov
Grand Island
grand-island.com
Hastings
cityofhastings.org
Kearney
kearneynebraska.com
Lexington
ci.lexington.ne.us
Lincoln
lincoln.ne.gov
Norfolk
ci.norfolk.ne.us
North Platte
ci.north-platte.ne.us
Omaha
omahatrails.com
Scottsbluff / Gering
scottsbluff.org
South Sioux City
southsiouxcity.org

Lincoln POPULATION 258,379

Scottsbluff POPULATION 15,039

Gering POPULATION 8,500

Scottsbluff POPULATION 15,039

Gering POPULATION 8,500

North Platte POPULATION 24,733

Grand Island POPULATION 48,523

Hastings POPULATION 25,224

Lexington POPULATION 16,200

Omaha POPULATION 469,880

Bellevue POPULATION 51,015

Papillion POPULATION 19,143

La Vista POPULATION 15,993

Ralston POPULATION 5,843

Norfolk POPULATION 24,210

Fremont POPULATION 26,397

Inglewood POPULATION 302

South Sioux City POPULATION 13,353

Dakota City POPULATION 1,919

Columbus POPULATION 22,117

Beatrice POPULATION 12,459

Kearney POPULATION 30,787

Photo Credits: Front cover (top) J. Nab, Nebraska DED, Steamboat Trace Trail; (bottom) Jay Bailey, NDOR, US-385 North of Bridgeport. Back cover (top) D. Smith, Nebraska DED, Cowboy Trail Valentine; (middle left) Ben Iwen, Courtesy of RDG Planning & Design, downtown Omaha; (middle right) bike rack created by Doug Hovert and painted by Sandy Strey; (bottom) R. Neibel, Nebraska DED, Chadron State Park.

Bennington POPULATION 7,038

Boys Town POPULATION 745

Gretna POPULATION 4,837

Omaha POPULATION 469,880

Bellevue POPULATION 51,015

Papillion POPULATION 19,143

La Vista POPULATION 15,993

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Bicycle Safety Tips

Ride ready. Wear an approved bicycle safety helmet that is properly fitted. Check that tires have sufficient air, brakes are working, chain runs smoothly, and front/rear wheel levers are closed. Carry repair and emergency supplies appropriate for your ride. Never ride with headphones. A rearview mirror can be a valuable safety benefit to bicyclists.

Follow the law. Bicyclists have the same rights and duties as drivers. Obey the rules of the road as if you were driving a car—stop at stop signs, red lights, and signal before turning or changing lanes. Ride with traffic. Always ride on the right side of the road, unless:

- overtaking another bicycle or vehicle;
- preparing to make a legal left turn;
- traveling the same speed of the current traffic;
- traveling on a paved shoulder of a highway;
- it is necessary to avoid unsafe conditions;
- the lane is too narrow for both vehicle and bicycle to travel side by side.

Be predictable. Avoid sudden movements. Make your intentions clear to motorists and other road users. Signal turns, and check behind before turning or changing lanes. Ride in a straight line and don't weave between parked cars.

See and be easily seen. Ride where drivers can see you. Wear brightly colored clothing. Use a front white light and rear light and reflectors at night or when visibility is poor. Make eye contact with drivers. Don't ride on sidewalks.

Think ahead. Anticipate what drivers, pedestrians and other bicyclists will do next. Watch for turning vehicles and ride outside the door zone of parked cars. Look out for uneven terrain, debris, branches and potholes. Cross railroad tracks at right angles.

Keep your cool. Road rage benefits no one and always makes a bad situation worse.

Recommended items to take along: Cell phone, identification card, medical card, first aid kit, bicycle tire repair kit and water.

Trail Safety Tips

- Ride within your ability.
- Minimize your impact on the trail and other users. Keep right when riding; when passing another trail user, pass on the left and call out, "Passing on your left."
- Use marked and visible routes to avoid creating new trails.
- Bicycles yield to horses, hikers and runners. Hikers and runners yield to horses. When in doubt, give the other user the right-of-way.
- Be courteous and respect all users of the trail.
- Minimize impact on the trail, pack out what you pack in!

Nebraska Bike Law Summary

In Nebraska, bicyclists are required to follow the same rules of the road as motorists. A bicyclist riding on a highway generally has all of the rights of a vehicle and shall be subject to all of the duties applicable to the driver of a vehicle (some exceptions do exist). Parents or guardians are responsible for the actions of children under the age of 16.

Restricted Highways (Interstate & Freeway)
Bicyclists are not allowed to ride on Interstate highways or freeways in Nebraska (a freeway is defined as a fully access controlled highway with "no" at grade crossings).

Mandatory Side Path Law
Bicyclists should not ride a bicycle on the highway if a usable bike path is adjacent. This does not apply when riding on surface (paved) shoulders.

State Patrol Advice
Although Nebraska has laws that require reflectors and a light on bicycles for riding at night, the Nebraska State Patrol does not recommend riding a bicycle on rural state highways at night due to the higher speeds and reduced visibility.

Ride Single File When Riding on the Highway
Bicyclists must ride single file when riding on the highway. This does not apply when riding on the surfaced shoulder. Bicyclists must signal their turn if they leave the shoulder to ride on the highway and yield the right-of-way to all other vehicles.

For more details, see Nebraska Revised Statutes, portions of Chapter 60, Bicycle Related nebraskalegislature.gov/laws. Most of the bicycle regulations are in §60-6.314 to 60-6.319. Local authorities may have additional regulations within their jurisdictions.

LEFT **RIGHT**

Use proper hand signals to let drivers and others know which way you will be moving.

STOP **RIGHT/ALT**

There are two ways to signal a right hand turn. See the diagram labeled Right/Alt for the second way used only by bicyclists.

Wrong **Correct Fit** **Wrong**