

Nebraska Teen Driver Safety Programming

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Peer-to-Peer Education Teens in the Driver Seat

- Peer-to-peer program for teens that focuses on traffic safety.
- Ran by students in schools through the guidance of a teacher or school sponsor.
- Students plan activities and outreach that cover risk areas.
- Win CA\$H for the school for doing activities.
- Have access to all kinds of free resources.
- Positive changes in knowledge and behavior.









Top Driving Risks Covered

Driver inexperience is the #1 cause for teen crashes along with these following situations:



Night/Drowsy Driving



Speeding/Racing



Distractions



Low Seat Belt Use



Impaired Driving









TDS Resource Kit

















Transportation Institute





How Many Hours of Sleep Did you Get Last Night?

Don't be a Dum-Dum – Be a safe driver at night and never drive drowsy.

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Recognition/Leadership Opportunities

- All Star School
- SponStar
- Teen Advisory Board
- Extra Mile Senior Activity
- Driving the Message <u>Video</u> or Poster Contest Winner
- Zero Hero Activities
 - Distracted Driving
 - Seat Belt
 - Pedestrian









QR Code to Register

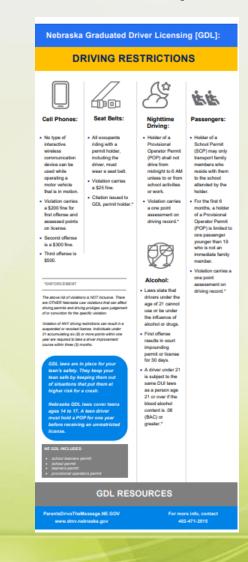






GDL Education and Policy

- Increases parental knowledge leading to better enforcement of GDL.
- Integrate GDL information into driver education.
- Quick guide for law enforcement.
- School use for families.
- Improvements needed in GDL policy.













Parent/Guardian Involvement

- Parents play a key role in keeping their teen safe at the wheel. Parents who are supportive, involved and enforce driving restrictions can lower their teen's crash risk by 50 percent. (Children's Hospital of Philadelphia)
- Teens with involved parents/guardians are:
 - Twice as likely to use their seat belt,
 - 70 percent less likely to drink and drive,
 - Half as likely to speed,
 - 30 percent less likely to use a cell phone while driving
 - Significantly less likely to drive with multiple passengers









Parent Resources

- Parent-teen driving agreement:
 schools, driver education programs
- GDL card
- Ads/Social Media
 - NET sporting events



			odriving
٠,			Parent/Teen Driving Agreement
driving p		his contract. I understand that my parents will in understand that my parents will allow me greate fe and responsible driver.	
I promise that I will obey all the rules of the road			
	Always wear a seat belt	and make certian all my passengers b	uckle up.
	Obey all traffic lights, st	op signs, other street signs, and road r	markings.
	Stay within the speed limit and drive safely.		
		e than one passenger that is under th y member for the first 6 months of ha	
	I promise that I will stay focused on driving		
Ų	Never text, read, send messages or use apps while driving or sitting at a stoplight. Never talk on the cell phone. Drive with both hands on the wheel. Never eat or drink while driving.		
	Drive only when I am alert and in emotional control. Never use headphones or earbuds to listen to music when I drive, and set my music before driving.		
	I promise that I will respect laws about drugs and alcohol		
X W	Never use alcohol or dr	ugs.	
	Never ride with someone who is driving impaired (using alcohol or drugs).		
	Never allow any alcohol or illegal drugs in my car.		
Ŗ ^ŋ	As your parent/guardian,		
	I will serve as a good role model when operating a vehicle; use my seatbelt, no cell phone use, and obey traffic laws.		
	l agree to come get you at any hour, from any place, with no questions asked and no argument at that time. I expect a discussion of such an incident at a later time.		
	Parent/Guardian Signature	Teen Signature	Date









Driver Education

- Study by UNL Dept. of Educational Psychology and NE Prevention Center for Alcohol and Drug Abuse
- Inequities in access to driver education across the state
- Barriers
 - Instructor availability
 - Location/distance
 - Cost
 - Time/don't fit in schedule
 - Perception it is a waste of time
 - Delivery of information

Conclusions

Findings

- Teens taking driver education had lower odds of having crashes and injury or fatal crashes and lower odds of receiving a moving violation or alcohol related violation.
- Lower odds were evident in the first two years of driving at ages 16 and 17 when teen crash and fatality rates are highest.
- Lower cumulative probability of crashes and violations (survival) and lower probability of future crashes and violations (Hazard) for the driver education group were still evident for 8 years of driving.
- Because some well-known demographic risk factors including gender, urban/rural residence, ethnicity, and household income (SES) were controlled, the effects of driver education were not an artifact of differences in these.

Implications

- •The more informal education and training received from parents or other adults in the certification log method does not appear to be as effective as the formal education and training received in the certified driver education program in reducing teen traffic harms.
- •This appears to be true even though the log method provides for more behind-the-wheel supervised driving practice than is required in the driver education curriculum.
- Findings are limited because we cannot know whether there are important systematic differences between teens taking driver education or completing the certification log.









Thank You!!



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