BEFORE your SPONSORS:

- Contact your area NDOT Maintenance Office (see back of brochure) to coordinate a date and time for your litter pick up event. Work only during daylight hours.
- Make arrangements to obtain the “Litter Pick Up” (traffic protection) signs and any additional supplies you may need like safety vests, bags and zip ties.
- Conduct a “safety briefing” prior to each litter pick up.
- For safety information contact your local NDOT area Maintenance Office or go online at: dot.nebraska.gov/projects/get-involved/adopt-hwy/
- Check weather conditions; do not work in inclement weather, during times of reduced visibility, or when roads are wet or icy.

VOLUNTEERS:

- Bring a hat and a shirt with long sleeves for protection from sun and insects.
- Bring water, it is important to stay hydrated.
- Bring an adequate first aid kit to the site.
- Bring a cell phone.
- Bring heavy-duty gloves and sturdy-soled shoes or boots for protection.
- Know the route to the nearest emergency facility just in case.
- Have adult supervision, at the worksite, for anyone under age 15.
- Carpool to the site to reduce number of parked vehicles.

When you ARRIVE at your VOLUNTEERS:

- Park all vehicles completely off the roadway surface, and at least 30 feet from the edge of the pavement.
- Keep vehicles and all volunteers on the same side of the highway.
- Place the “Litter Pick Up” signs at each end of your designated section of highway. Make sure the signs and all volunteers face oncoming traffic.
- Wear the safety vests provided by the Department of Transportation at all times during your litter pick up.
- Wear heavy-duty gloves and sturdy shoes.

DURING your VOLUNTEERS:

- Fill trash bags with what goes in easily; tie it shut and then get another bag.
- Do not force too much litter into bags; jagged or; broken objects protruding from bags can cause injuries.
- Neatly stack the bagged litter at a predetermined location for pick up by highway crews.
- Do not pick up litter on bridges or overpasses; these areas are especially dangerous for pedestrians.
- Do not go near mowing operations or maintenance/ construction activities.
- Do not go onto paved roadway or shoulder areas to pick up litter.
- Do not cross traffic lanes.
- Do not enter median to pick up litter on four-lane divided highways.
- Watch your step... Stay off steep slopes... Avoid areas around culverts and tall grass; these areas may harbor snakes and other “undesirable creatures.” Be watchful for stinging insects.
- Do not wear headsets; you may not be able to hear oncoming traffic or potential hazards.
- Follow all safety rules.

AFTER your SPONSORS:

- Return the “Litter Pick Up” signs to the Department of Transportation.
- Report the date of your completed litter pick up to your area NDOT Maintenance Office. This ensures your group will receive proper credit and will let the Department of Transportation know that there are bags of litter to be disposed of.

Hazardous Materials

Do not touch or remove any suspect toxic or hazardous items. Instead, notify the Department of Transportation of such items immediately.

Never pick up the following:
- Abandoned barrels
- Antifreeze
- Broken automotive batteries
- Bulging or dented containers
- Chemical containers
- Containers leaking unknown substance
- Dead animals
- Gas cans
- Herbicide containers
- Hypodermic needles or discarded syringes
- Narcotics
- Paint cans
- Pesticide containers
- Sharp objects
- Unidentifiable containers
- Weapons

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it is the only thing that ever has.”
—Margaret Mead
Meth Lab Waste – Large quantities of the following items in one place may be an indication of methamphetamine manufacturing:
Medicine boxes, respirator masks, rubber gloves, rubber hoses and clamps, Pyrex or Corning glass containers, pill residue (putty looking substance, pink to red in color), other containers with rubber hoses attached, stained cloths or coffee filters (especially when stained yellow or red), any containers with a powdery residue, gasoline additives or rubbing alcohol.

If you find any of these items in a concentrated area, do not touch or pick up the items... instead, contact the Nebraska State Patrol Drug Hotline at 1-800-742-9333.

Don’t take chances . . . Put YOUR safety first!

These safety procedures are provided for the safety of all participants in Nebraska’s Adopt-A-Highway Litter Control Program, and that of the traveling public.

Thank you for your personal contribution in keeping Nebraska roadsides clean and litter free.