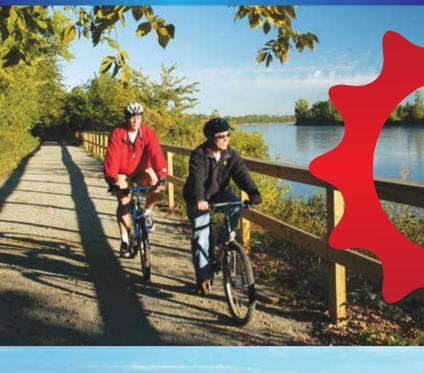
Nebraska **Bicycle Map**





Dave Heineman Governor

Monty W. Fredrickson, P.E. **Director - State Engineer**



24-Hour Weather & Travel Information



Emergency

Dial **511** from anywhere in Nebraska, cell or landline. If outside Nebraska Dial 800-906-9069 511.nebraska.gov

Nebraska State Patrol statepatrol.nebraska.gov

Cellular Phone Highway Help Line Highway Help Line 1-800-525-5555 ***55** (star 55)

NSP Headquarters: 402-471-4545 Carrier Enforcement Division: 402-471-0105 State Patrol Citizen Band Call Letters: KNE 0911

Additional Information

Bicycle Route Planning / Highway Construction State Bicycle Coordinator Nebraska Department of Roads PO Box 94759 Lincoln NE 68509-4759

402-479-4519 transportation.nebraska.gov Hiking & Biking Link

Trail Information State Trails Coordinator Nebraska Game & Parks Commission 2200 North 33rd St. Lincoln NE 68503 402-471-5511 outdoornebraska.ne.gov

Nebraska Department of Economic Development Travel & Tourism Division PO Box 98907 Lincoln NE 68509-8907 888-444-1867 visitnebraska.gov Travel/Construction Detours

(Detour & Construction Report) transportation.nebraska.gov Additional websites:

americantrails.org discoverytrail.org omahatrails.com railstotrails.org traillink.com trailshaveourrespect.org gptn.org

Trail & Camp Information

Natural Resource Districts 601 South 12th St. Suite 201 Lincoln NE 68508 402-471-7670 nrdnet.org

Central Platte NRD 215 N Kaufman Ave Grand Island NE 68803 308-385-6282 pnrd.org

Lewis & Clark NRD 608 N Robinson Ave PO Box 518 Hartington NE 68739-0518 402-254-6758

lcnrd.org Little Blue NRD 100 East 6th St PO Box 100 Davenport NE 68335 402-364-2145

littlebluenrd.ora Lower Big Blue NRD 805 Dorsey St PO Box 826 Beatrice NE 68310 402-228-3402

lbbnrd.org Lower Elkhorn NRD 601 East Benjamin Ave, Suite #101 PO Box 1204 Norfolk NE 68702-1204 402-371-7313

lenrd.org Lower Loup NRD 2620 Airport Dr PO Box 210 Ord NE 68862-0210 308-728-3221

nrd.org Lower Niobrara NRD 410 Walnut St PO Box 350 Butte NE 68722

402-775-2343 nnrd.org Lower Platte North NRD 11 Commercial Park Rd PO Box 126

Wahoo NE 68066 402-443-4675 onnrd.org Lower Platte South NRD 3125 Portia St PO Box 83581

Lincoln NE 68501-3581 402-476-2729 lpsnrd.org Lower Republican NRD 706 Second St

PO Box 681 Alma NE 68920 308-928-2182 nrd.org

Middle Niobrara NRD 526 East First St Valentine NE 69201 402-376-3241

mnnrd.org Middle Republican NRD 220 Center PO Box 81 Curtis NE 69025

308-367-4281 mrnrd.org Nemaha NRD 62161 Hwy 136

Tecumseh NE 68450 402-335-3325 nemahanrd.org

North Platte NRD PO Box 280 Scottsbluff NE 69363-0280 308-632-2749 npnrd.org Papio-Missouri River NRD 8901 South 154th St Omaha NE 68138-3621 402-444-6222 papionrd.org South Platte NRD 551 Parkland Dr PO Box 294 Sidney NE 69162-0294 308-254-2377 spnrd.org Tri-Basin NRD 1723 North Burlington Holdrege NE 68949

tribasinnrd.org Twin Platte NRD TierOne Bank Center 111 South Dewey St PO Box 1347 North Platte NE 69103-1347 308-535-8080 tpnrd.org

308-995-6688

Upper Big Blue NRD 105 Lincoln Ave York NE 68467 402-362-6601

Upper Elkhorn NRD 301 North Harrison O'Neill NE 68763 402-336-3867 uenrd.org Upper Loup NRD

39252 East Hwy 2 Thedford NE 69166 308-645-2250 upperloupnrd.org

Upper Niobrara White NRD 430 East Second St Chadron NE 69337-2433 308-432-6190 unwnrd.org Upper Republican NRD

511 East Fifth St PO Box 1140 Imperial NE 69033 308-882-5173 urnrd.org

City Trails Beatrice beatrice.ne.gov Columbus columbusne.us Fremont fremontne.gov Grand Island grand-island.com Hastings cityofhastings.org Kearney cityofkearney.org Lexington ci.lexington.ne.us Lincoln lincoln.ne.gov Norfolk ci.norfolk.ne.us North Platte ci.north-platte.ne.us Omaha omahatrails.com Scottsbluff / Gering scottsbluff.ora

South Sioux City

southsiouxcity.org









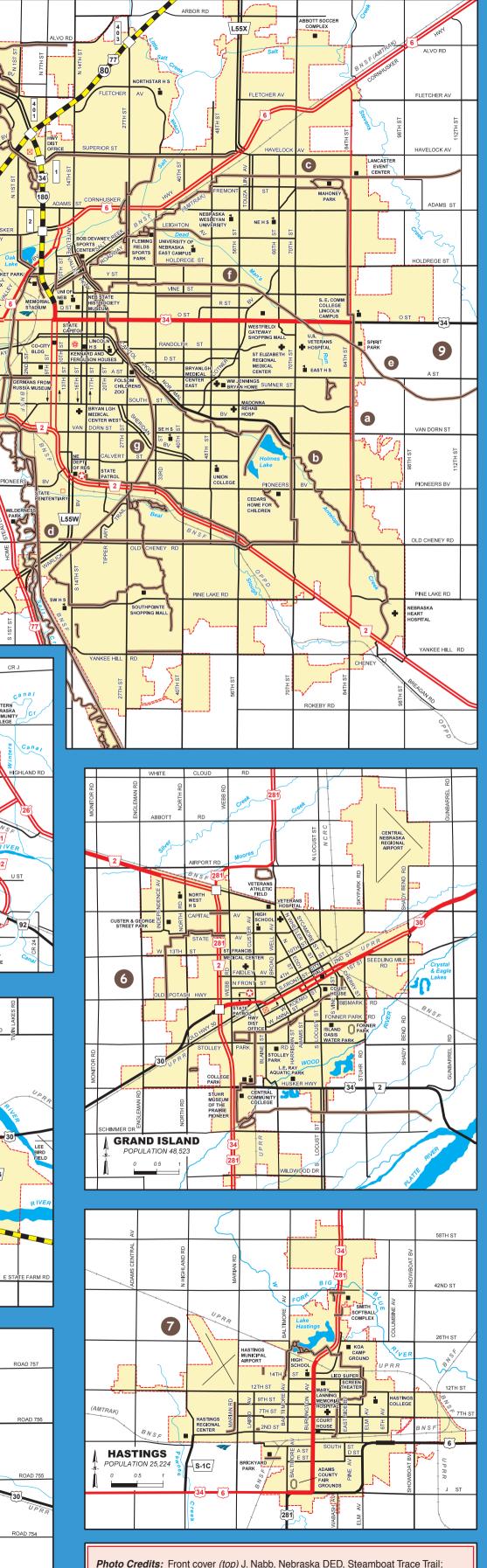
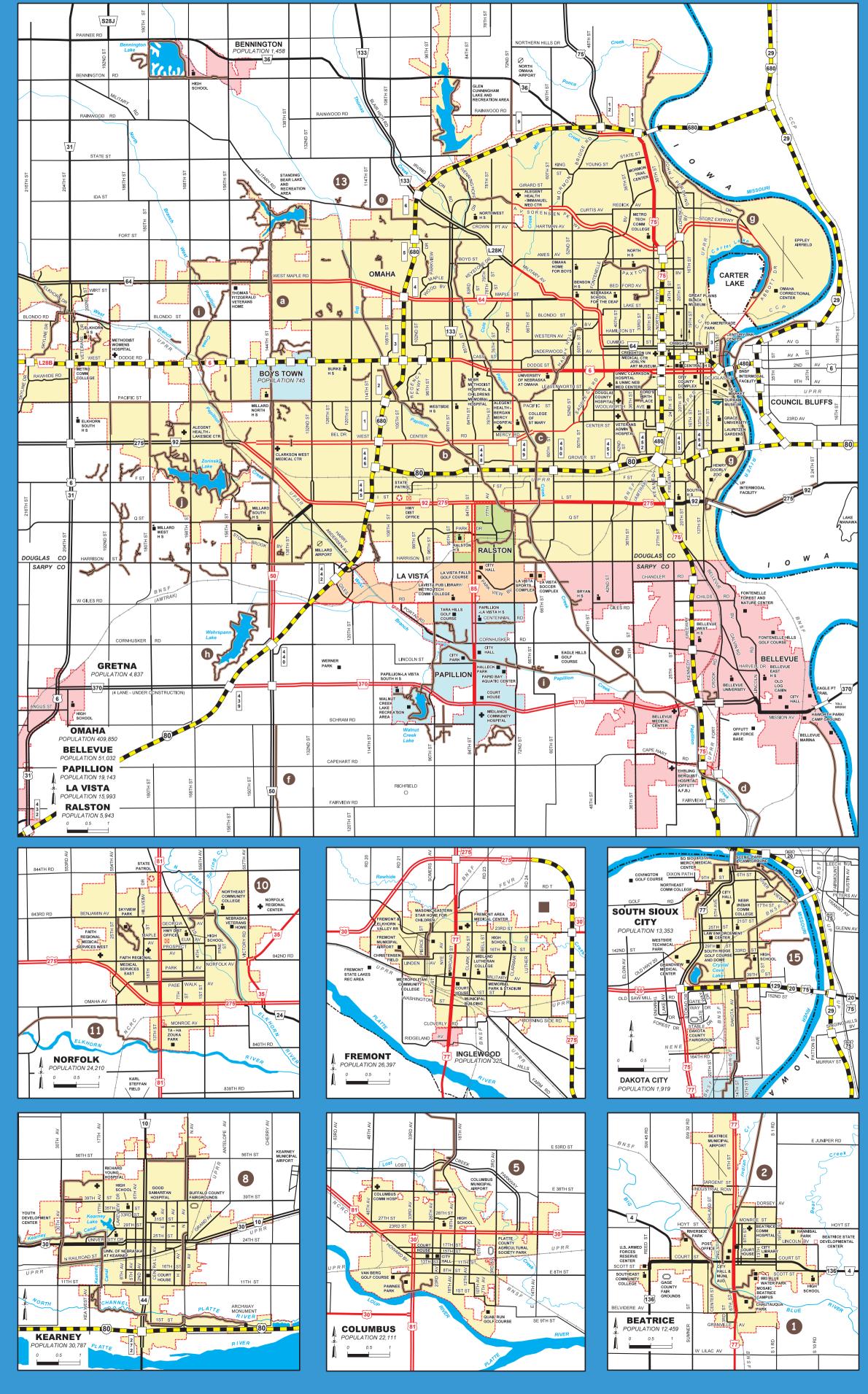


Photo Credits: Front cover (top) J. Nabb, Nebraska DED, Steamboat Trace Trail; (bottom) Jay Bailey, NDOR, US-385 North of Bridgeport. Back cover (top) D. Smith, Nebraska DED, Cowboy Trail Valentine; (middle left) Ben Iwen, Courtesy of RDG Planning & Design, downtown Omaha; (middle right) bike rack created by Doug Hoevet and painted by Sandy Strey; (bottom) R. Neibel, Nebraska DED, Chadron State Park.



Bicycle Safety Tips

Ride ready. Wear an approved bicycle safety helmet that is properly fitted. Check that tires have sufficient air, brakes are working, chain runs smoothly, and quick release wheel levers are closed. Carry repair and emergency supplies appropriate for your ride. Never ride with headphones. A rearview mirror can be a valuable safety benefit to bicyclists.

Follow the law. Bicyclists have the same rights and duties as drivers. Obey the rules of the road as if you were driving a car-stop at stop signs, red lights, and signal before turning or changing lanes. Ride with traffic. Always ride on the right side of the road, unless:

- overtaking another bicycle or vehicle;
- preparing to make a legal left turn; • traveling the same speed of the current traffic;
- traveling on a paved shoulder of a highway;
- · it is necessary to avoid unsafe conditions • the lane is too narrow for both vehicle and bicycle
- to travel side by side.

Be predictable. Avoid sudden movements. Make your intentions clear to motorists and other road users. Signal turns, and check behind before turning or changing lanes. Ride in a straight line and don't swerve between parked cars.

See and be easily seen. Ride where drivers can see you. Wear brightly colored clothing. Use a front white light and red rear light and reflectors at night or when visibility is poor. Make eye contact with drivers. Don't ride on sidewalks.

Think ahead. Anticipate what drivers, pedestrians and other bicyclists will do next. Watch for turning vehicles and ride outside the door zone of parked cars. Look out for uneven terrain, debris, branches and potholes. Cross railroad tracks at right angles.

Keep your cool. Road rage benefits no one and always makes a bad situation worse.

Recommended items to take along: Cell phone, identification card, medical card, first aid kit, bicycle tire repair kit and water.

Trail Safety Tips

- Ride within your ability.
- Minimize your impact on the trail and other users. Keep right when riding; when passing another trail user, pass on the left and call out, "Passing on your left."
- Use marked and visible routes to avoid creating new trails. Bicycles yield to horses, hikers and runners. Hikers and runners yield to horses. When in doubt, give the other user
- the right-of-way. • Be courteous and respect all users of the trail.
- Minimize impact on the trail, pack out what you pack in!

Nebraska Bike Law Summary

In Nebraska, bicyclists are required to follow the same rules of the road as motorists. A bicyclist riding on a highway generally has all of the rights of a vehicle and shall be subject to all of the duties applicable to the driver of a vehicle (some exceptions do exist). Parents or guardians are responsible for the actions of children under the age of 16.

Restricted Highways (Interstate & Freeway)

Bicyclists are not allowed to ride on Interstate highways or freeways in Nebraska (a freeway is defined as a fully access controlled highway with "no" at grade crossings).

Mandatory Side Path Law

Bicyclists should not ride a bicycle on the highway if a usable bike path is adjacent. This does not apply when riding on surface (paved) shoulders.

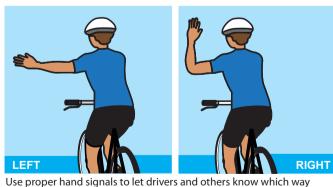
State Patrol Advice

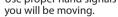
Although Nebraska has laws that require reflectors and a light on bicycles for riding at night, the Nebraska State Patrol does not recommend riding a bicycle on rural state highways at night due to the higher speeds and reduced visibility.

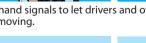
Ride Single File When Riding on the Highway

Bicyclists must ride single file when riding on the highway. This does not apply when riding on the surfaced shoulder. Bicyclists must signal their turn if they leave the shoulder to ride on the highway and yield the right-of-way to all other vehicles.

For more details, see Nebraska Revised Statutes, portions of Chapter 60, Bicycle Related nebraskalegislature.gov/laws. Most of the bicycle regulations are in §60-6.314 to 60-6.319. Local authorities may have additional regulations within their jurisdictions.









There are two ways to signal a right hand turn. See the diagram abeled Right/Alt for the second way used only by bicyclists.

